

Dealing with Change

Special Ed



SOCIAL STORY + ACTIVITIES



These social stories are something I created and started using in my classroom. The story paired with the activities gave students a structured way to practice a new or uncomfortable skill.

Dealing with Change Social Stories, Activity & Power cards

By
Christa Joy
Special Needs for Special Kids



Table of Contents

Worksheet pages	Title
4-11	Dealing with Change student booklet
12-15	Ways to deal with change circle map
16-18	Power cards
19-22	How change makes me feel
23-24	Terms of Use

In a separate file you will find:

- PowerPoint version of social story (editable)
- Activities in black and white

You can also download this social story as a google slide presentation. You will be prompted to make a copy. This is editable in case you need to adjust to the needs of your students.

[CLICK HERE](#)

This unit has a story and activities. The activities come in 2 separate files, one in color and one in black and white.

But there are things that can help me deal with change.



©Christa Joy, SNSK

But, sometimes no one knows a change is coming.



©Christa Joy, SNSK

There is a 20 page social story that has simple text and engaging photos. This story is in a PowerPoint and Google Slide format so you **can edit** the text if needed to fit your own situation.

Change can be scary.



Page 5

©Christa Joy, SNSK

There are things I can do to help me deal with changes.



Page 6

©Christa Joy, SNSK

When things change, I will try to stay calm.



Page 9

©Christa Joy, SNSK

I will take a deep breath.



Page 10

©Christa Joy, SNSK

There is also a 14 page booklet in color and black and white that students can keep with them and take home to review as needed.

Errorless version

Place the pictures in the circle map on previous page.

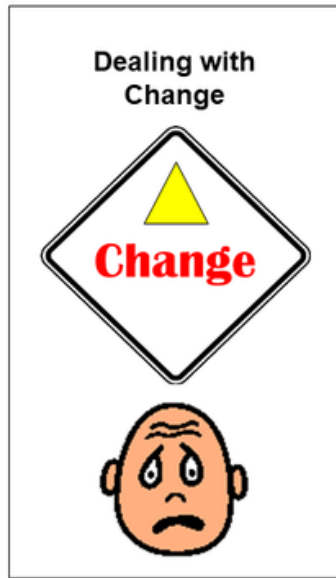


Place the pictures in the circle map on previous page only if you think it is a good strategy for dealing with change.



There is a circle map of ways to deal with a change. There is an option that only has correct answers and one that has wrong answers mixed in.

Front of card



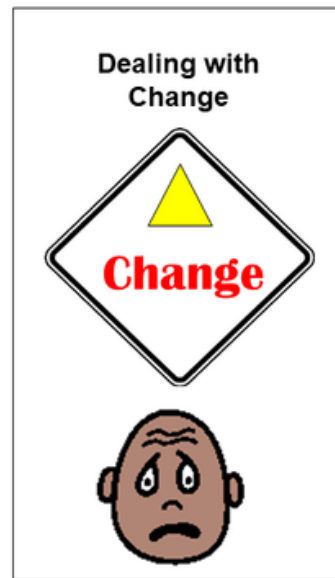
Back of card

- Remember**
1. Listen
 2. Stay calm
 3. Deep breaths
 4. Count to 10
 5. It will be okay

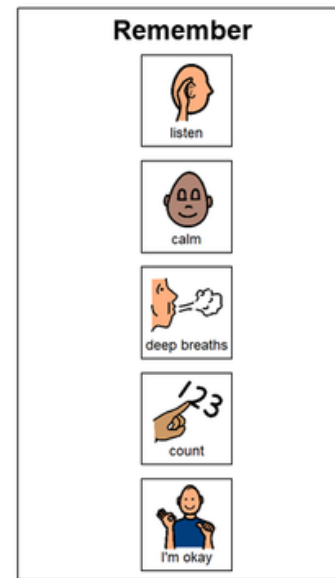
Christa Joy, Special Needs for Special Kids
The Picture Communication Symbols ©1981-2019 by Tobii Dynavox. All Rights Reserved
Worldwide. Used with permission. Boardmaker® is a trademark of Tobii Dynavox

There is a power card that comes in 2 versions that reviews what to do when you feel stressed about a change. These are great for students to carry around and personalize.

Front of card




Back of card











Christa Joy, Special Needs for Special Kids
The Picture Communication Symbols ©1981-2019 by Tobii Dynavox. All Rights Reserved
Worldwide. Used with permission. Boardmaker® is a trademark of Tobii Dynavox

Change Makes Me Feel


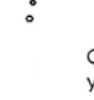
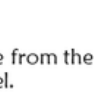
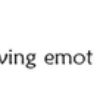
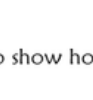
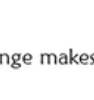

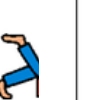













		

Christa Joy, Special Needs for Special Kids
The Picture Communication Symbols ©1981-2019 by Tobii Dynavox. All Rights Reserved
Worldwide. Used with permission. Boardmaker® is a trademark of Tobii Dynavox

Choose from the following emotions to show how change makes you feel.

 okay	 afraid	 confused	 curious
 disappointed	 excited	 frustrated	 happy

Choose from the following emotions to show how change makes you feel.

 mad	 nauseated	 okay	 afraid	 confused	 curious
 terrible	 uncomfortable	 disappointed	 excited	 frustrated	 happy
 mad	 nauseated	 sad	 surprised		
 terrible	 uncomfortable	 upset	 worried		
 great					

Christa Joy, Special Needs for Special Kids
The Picture Communication Symbols ©1981-2019 by Tobii Dynavox. All Rights Reserved
Worldwide. Used with permission. Boardmaker® is a trademark of Tobii Dynavox

There is an activity where students can illustrate how change makes them feel. They can fill in the boxes using the pictures provided, or fill them in on their own.



The activities that accompany this social story provide:

1. A structured way for you to review this skill.

2. A way to informally assess if students are comprehending the material.

3. Engages the student by providing different ways to review the same material.